

## About the NWH Patient Portal

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### *What is the NWH Patient Portal?*

The NWH Patient Portal is a secure, password protected website where you can conveniently access medical information from your Hospital stay. This enables you to participate in the management of your healthcare.

### *What can I do with the NWH Patient Portal?*

- View medical history, including allergies, conditions, medical procedures
- See medications taken in the Hospital, and look up drug information
- See vital signs recorded during your stay
- Grant access to selected information with people you choose... your healthcare provider, family member, or other caregiver
- Download or print medical information from your computer
- Review discharge instructions
- Find insurance information

### *What are the benefits of setting up the NWH Patient Portal?*

- It makes it easy for you to get your selected hospital records conveniently and securely
- It allows you to share your medical records with other health care providers and family members
- Getting accurate information about your health can lead to better decision making about your health
- It helps you take control of your healthcare

### *What type of information is included in the NWH Patient Portal?*

- Selected information regarding your NWH visits, diagnosis, reports, medications, discharge instructions, and more
- Data is cumulative and includes NWH reports from past visits since January 1, 2010

### *A special message about sensitive information*

Certain state and federal laws have strict rules about keeping certain types of health information excluded from online patient portals. In adherence to state and federal regulations, the following medical information is **not included** in the NWH Patient Portal:

- Information from facilities licensed by the NYS Office of Mental Health
- Information from federally assisted alcohol and drug abuse programs
- Information about certain healthcare services to minors, including family planning and abortion services, testing for HIV and sexually transmitted diseases (STD's), and mental health and substance abuse treatment
- Genetic test results
- Information about diagnoses, lab results or medications for HIV or AIDS

If you need additional medical records not found in the NWH Patient Portal, please contact our **Medical Records Department** at [www.nwhc.net/myNWH](http://www.nwhc.net/myNWH). We are here to help you.

### *How secure is the NWH Patient Portal?*

The NWH Patient Portal conforms to stringent security guidelines. The data in the NWH Patient Portal is highly protected. Access to your NWH Patient Portal is controlled by you, the patient. Only you can grant access to individuals you choose.

Patient privacy is protected by state and federal law, the Health Insurance Portability and Accountability Act of 1996 (view [HIPAA](#)). NWH adheres to these laws to keep your health information private and secure.

### *How can I sign up?*

- Visit [www.nwhc.net/myNWH](http://www.nwhc.net/myNWH) and click on the link to the NWH Patient Portal. Follow on-screen instructions, and start taking control of your healthcare today!
- Portal help line: 914-242-7944